

Help us to make a difference to people's lives!

Join Us!



**Edinburgh Marathon Festival 26 & 27 May • London 10,000 Sun 27 May
Great North Run Sun 16 Sept • London Triathlon 22 & 23 Sept**

Have a place, need a place?

We can support you with sponsor forms, fundraising pack and running vest.

How about a Challenge? Skydive, Kilimanjaro, Cycle Ride...



Call 01727 734485 Email fundraising@crohnsandcolitis.org.uk

www.crohnsandcolitis.org.uk

Crohn's and Colitis UK is the working name of National Association for Colitis and Crohn's Disease.

Registered charity numbers: 1117148 (England and Wales) and SC038632 (Scotland)