

What's Happening in 2012?



Whether you want to walk that extra mile, hit the track running, boogie round a ballroom, take part in a debate at our national conference, or cheer from the sidelines ... there's something for everyone in 2012, so please put these dates in your diary, or pin this poster on your family, community or work notice board to encourage others.

Dates include ideas to help you set a Sports and Fitness Challenge in 2012.

Dates for your diary

Monday 2 January Bank Holiday online National Walks registration (open to all) from 9th January!

Thursday 23 February Rick Parfitt Junior's 3rd Rock Ball at the Hurlingham Club, London

Tuesday 28 February AGM papers and National Walks brochure to members

Thursday 1 March The IBD Nurse Awards

Saturday 10 March The 9th Red Hot Ball
www.catherinemcewanfoundation.com

First week in April Spring issue of NACC News - Xmas card bargain packs and new merchandise

Friday 6 & Monday 9 April Bank Holiday

Saturday 14 April National Conference and AGM, Mermaid Theatre London

Sunday 15 April Brighton Marathon

Sunday 22 April Virgin London Marathon

The whole of May Crohn's and Colitis UK Awareness-raising Month - including World IBD DAY 2012 (date tbc) Rutland Bluebell Walk and Cycle Ride (Sunday 6 May) - register online from 9th January

Monday 7 May Bank Holiday

Sunday 13 May York Walk Family and Challenge routes - register online from 9th January - our target? 400+ walkers!

Saturday 26 & Sunday 27 May Edinburgh Marathon and Hairy Haggis relay Challenge Weekend

Saturday 26 May London Walk Family and Challenge routes - register online from 9th January - our target? 600+ walkers!

Sunday 27 May London 10,000 - 85 runners needed - suggested target £250 - call our fundraising team!

June Challenge Scotland Walks - dates tbc

Monday 4 & Tuesday 5 June Bank Holiday

First week in July Summer issue of NACC News

Sunday 22 July It's a Knockout - St Albans - teams needed!

Monday 27 August Bank Holiday

Monday 3 September Christmas card online orders open for business

15/16 September Volunteer Conference - venue tbc London

Sunday 16 September Great North Run - more places than ever to fill - 145 runners needed!

Saturday 22 & Sunday 23 September London Triathlon

First week in October Autumn issue of NACC News - including Christmas card brochure

October Red Hot Day plus a NEW! National Raffle - tickets will be sent out with your NACC News

Tuesday 25 & Wednesday 26 December Bank Holiday

Please note that some events require prior booking/registration or membership for participation. You do not need to be a member to be a fundraising supporter or to register for our charity places at national sporting events.

Details of 2012 Family Days and Training Days for volunteers and speakers/cheque collectors available from volunteering@crohnsandcolitis.org.uk

Please check the website to avoid disappointment www.crohnsandcolitis.org.uk or call us on **01727 734485** If you are not already a member of Crohn's and Colitis UK, please visit our website and join us!

Please note: dates are correct at time of print but may be subject to change. Registered Charity no. 1117148 (England and Wales) SC038632 (Scotland)