

FASHION SHOW - 24TH MARCH



In partnership with Beyond Cancer, Crohn's & Colitis UK hosted a Fashion Show & Afternoon Tea Extravaganza at The Queens Hotel in Leeds. It was a fabulous afternoon. Our network was represented by models for the day, including Tony and Gordon (pictured).

This event is unique in that it not only raises funds and awareness for both charities (£2500 in our case!) it is also run and carried out by people who have experienced Cancer, Crohn's or Colitis.

A huge well done to our former Co-Lead Rachel and the rest of the fashion show team for putting on an outstanding show!



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FROM THE EDITOR

Welcome to the Spring Newsletter

I'm sorry that we weren't able to bring you a Winter edition, but we're back!

Some news from the Network:

Rachel Engel recently stood down as joint Lead Volunteer after being part of the team for almost 10 years. Caring for a son with IBD, Rachel worked particularly hard to improve children's services and advocate for better information in schools. Her creativity, enthusiasm and drive will be missed. Francesca, who was joint Lead with Rachel, has stepped into the full role for the time being and we are, as always, seeking new volunteers.

If you'd like to get involved with volunteering for the network, please get in touch (contact details on P4) - we really need your help to help raise awareness, fundraise and help with events for people affected by Crohn's and Colitis in our part of West Yorkshire. We'd also like to work with volunteers further afield in West Yorkshire, in order to expand our activities to the wider region.

As you can see, we've still been busy. Happy reading!

Megan

These events are an opportunity to meet others affected by Crohn's and Colitis in a more informal setting. It is interesting to chat to others, whether you're newly-diagnosed or someone who has been living with IBD for a long time.

We are next meeting on **Saturday 22nd June at 11am** in the Tiled Hall Cafe in Leeds City Centre, accessed from Leeds City Art Gallery or Leeds Central Library on The Headrow. All are welcome!

COFFEE MORNING



CRAFT CLUB - 9TH JUNE



We have had two craft clubs so far in 2019 and have learnt how to make jewellery and how to cross stitch.

The sessions are led by Helen, one of the Infusion Nurses at Chapel Allerton Hospital. We meet in the **Community Hub at John Lewis, Victoria Gate in Leeds City Centre**.

All are welcome, from craft wizards to complete beginners. Helen provides all of the materials. Next on the agenda is for us to learn how to crochet.

We will be meeting on **Sunday 9th June, 11am-1pm**.

WORLD IBD DAY - 19TH MAY 2019

#ItTakesGuts

As a network we organise certain events to mark the day, such as a Quiz Night (details on page 3) and a stand at St James' hospital to promote the charity and provide information.

Crohn's & Colitis UK has hosted Bake It, among other activities, to rally people together for the occasion.

Famously, many buildings light up in purple to show support. In the past First Direct Arena in Leeds has gone purple!



QUIZ NIGHT



World IBD Day - a global event to raise awareness of Inflammatory Bowel Disease - is taking place on the **19th May**. To celebrate, we will be hosting a Quiz Night in **Brigit's room at the Victoria Hotel**, Leeds City Centre from 7.30pm Entry is free, and all are welcome. Come along for an evening of fun and bring your thinking caps. As always, purple attire (and accessories!) are encouraged.

We will also have an Information and Awareness stand in the entrance of Bexley Wing, St James's Hospital, on the morning of **Friday 17th May**, to raise awareness of the charity.

Home Sense

The store has raised £1500 for the charity. A huge thank you for all their hard work in raising this money!



Leeds Intra Community Sporting Events

We were pleased to be chosen as one of the club's charities of the year. Over £1500 was raised through charity cricket tournaments. **THANK YOU!**



WELL DONE EMMA!

Emma Pryde, one of our network volunteers, is a very talented pianist. She hosted a concert in aid of Crohn's and Colitis UK.

Emma was joined by the soprano Janet Johnston, raising a total of £250. This included a cheque for £100 from Thorner Probus - presentation pictured here with Emma (centre).





**WONDEROUS
WREATH MAKING**

Bev, one of our network volunteers, hosted a wreath making evening at home with friends and raised an incredible £445 for the charity. Brilliant work!

LOCAL FUNDRAISING

- Baines School £31.28
- Halycon Drives Ltd £290.00
- BA & GM Anysz £150.00
- Elayne Pollitt £410.00
- Graham Bell £220.00
- Graham Castle £250.00
- Rachel Engel £101.00
- Knit n Natter Group £25.00
- Leeds University £145.00

DATES FOR YOUR DIARY

- 19TH MAY - WORLD IBD DAY PUB QUIZ**
- 9TH JUNE - CRAFT CLUB**
- 22ND JUNE - COFFEE MORNING**

Josephine Rothwell - It was with great sadness we heard of Jo's death on 1st April 2019. Jo was the very active Chairman of Leeds Branch of NACC in the 1980's and 90's. She contributed much to the establishment of the young charity founded in 1979 - now Crohns & Colitis UK. Jo was an indefatigable fundraiser for NACC locally and nationally. Jo's warm personality and genuine interest in IBD sufferers ensured she made friends in Bradford, York, Sheffield and Hull where she enthusiastically helped to establish branches of NACC. Always accessible and happy to listen; either in person or on the Telephone Helpline, Jo gave comfort to many, was loved by everyone and will be remembered with great affection by legions of IBD sufferers and their families. *Many thanks to Mary Herbert for these thoughts.*

CONTACT US

LEEDS & DISTRICT NETWORK

Helpline: 0300 222 5700*
 Website: www.crohnsandcolitis.org.uk/leeds
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Leeds and District Network

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HELPLINE

Our helpline is a confidential service providing information and support to anyone affected by Crohn's Disease, Ulcerative Colitis and other forms of Inflammatory Bowel Disease (IBD).
 Our team can:

- help you understand more about IBD, diagnosis and treatment options
- provide information to help you to live well with your condition
- help you understand and access disability benefits
- be there to listen if you need someone to talk to
- put you in touch with a trained support volunteer who has a personal experience of IBD

CONTACT US BY:

Telephone: 0300 222 5700*
 Mon, Tue, Wed and Fri - 9 am to 5 pm Thu - 9 am to 1 pm

Email: info@crohnsandcolitis.org.uk

Web Chat (Live Online): see our [website](#) for details

**Calls to this number are charged at a standard landline rate or may be free if you have an inclusive minutes' package. Calls may be recorded for monitoring and evaluation purposes.*

HOW DO YOU GET YOUR NEWSLETTER?

If you have received this newsletter by post and would be happy to receive future editions by email please provide your name, membership number and email address to networks@crohnsandcolitis.org.uk.

This will save the network valuable funds which can be used to benefit all those affected by Inflammatory Bowel Disease.

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