When it comes to Crohn's and Colitis,
there's a lot you don't see.

LET'S TALK ABOUT HOW IT FEELS.

HOW IT LOOKS

- Getting on with things
- A brave face
- Energetic

FEEL FAMILIAR?
Check your symptoms here.

JOIN THE CONVERSATION

@crohnsandcolitisuk

crohnsandcolitis.org.uk/awarenessweek

CROHN'S & COLITIS UK

A registered charity in England & Wales (1117148) and Scotland (SC038632)

HOW IT FEELS

- Severe stomach pain
- Brain fog
- Anxiety & depression
- Severe fatigue
- Arthritis & joint pain
- Navigating a stoma
- Managing medication