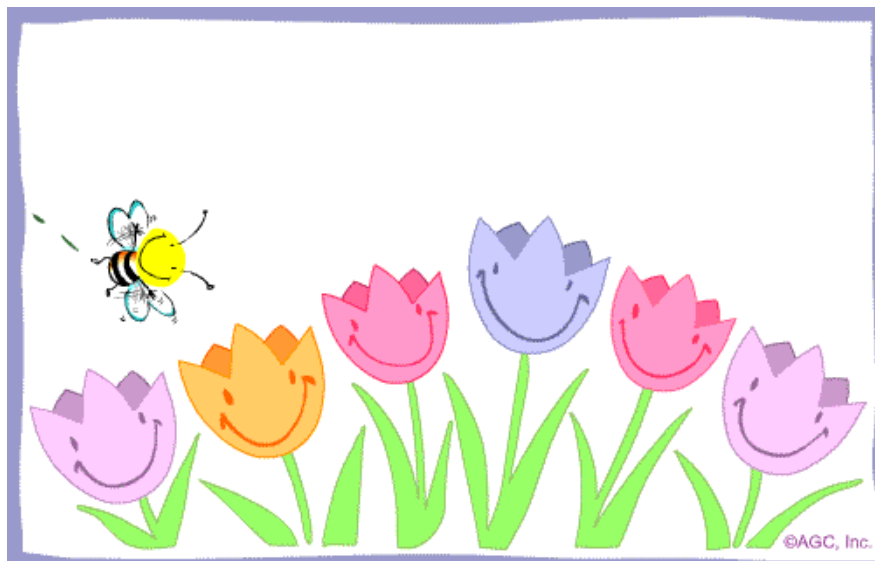


CROHN'S & COLITIS UK

NORTH MIDLANDS

**FIGHTING
INFLAMMATORY
BOWEL DISEASE
TOGETHER**

2019 Spring Newsletter



What went on in 2018...

AUTUMN LECTURE AT PREMIER INN TRENTAM GARDENS— SUNDAY 25TH NOVEMBER 2018

The team held a very successful annual Autumn lecture in November. Attended by our Medical Advisor, Consultant Gastroenterologist Dr Farmer, two PhD students Kay and Eleanor and a specialist IBD Dietician, the audience heard about a wide range of topics from an update on latest treatments to studies on the psychological impact of IBD.

We followed the lectures with tea and biscuits and very interesting conversations hearing about people's experiences of IBD. Thank you to everyone who joined us!



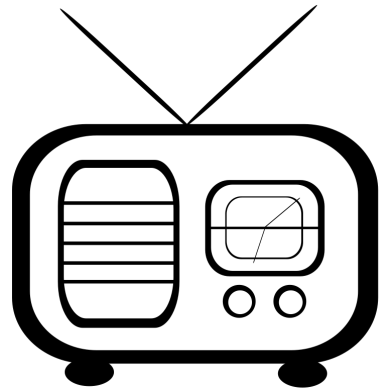
Doug, our Lead Volunteer presenting to our audience on the latest events happening in the Network.



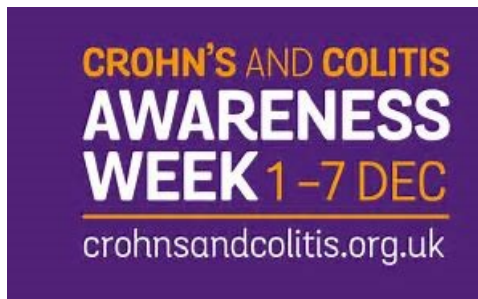
INTERVIEW WITH SIGNAL 1 FOR IBD AWARENESS WEEK

To mark Crohn's and Colitis Awareness Week, Doug and Sarah were invited by Jenny Bonson (South Manchester Network member and Radio Journalist) to record an interview to be played on the Signal 1 News Hour with an aim to raise awareness about these invisible conditions. We discussed the impact on an individual's life, typical symptoms, the work of Crohn's & Colitis UK and the local work of our Network.

We were very thankful for this opportunity and hope we reached a wide audience in the local area. Thank you also goes to Jenny for inviting us!



You can find the write up of our interview here:
<https://www.signal1.co.uk/news/local/charity-group-aims-to-raise-awareness-of-invisible-illnesses>



PURPLE RIBBON BALL—SATURDAY 19TH MAY 2018

We had a fantastic time at our inaugural Purple Ribbon Ball in May 2018 raising awareness of IBD and funds for Crohns and Colitis today. The beautiful Keele Hall and the brilliant weather provided an excellent backdrop for the evening. Hosted by Jonty from Signal Radio, our guests enjoyed a 3 course dinner, table raffle, an auction, table games and finally a disco to end the night.



We were extremely pleased to raise a total of £2,000!

Thank you to all who attended for your generosity!

We hope you enjoy a few snaps from the night, picturing the fantastic atmosphere experienced by all!



EVEN MORE PICS!



What's on in 2019...

LOCAL HOSPITAL AWARENESS STAND— FRIDAY 17TH MAY 2019 AT ROYAL STOKE

North Midlands Network members will be holding a stand in the foyer of Royal Stoke Hospital ahead of World IBD Day. Please pop along for a chat. We have lots of information to share! We will be at County Hospital later in the year.

CLIFFORD ARMS CLASSIC CAR AND BIKE SHOW— SUNDAY 19TH MAY 11AM—3PM

Entrance by donations to support Crohn's and Colitis UK, Air Ambulance and Blood Bikes. Refreshments stall hosted by local Crohn's and Colitis volunteers so come along and say 'Hello', everyone welcome! Clifford Arms, Main Road, Great Haywood, ST18 0SR

COFFEE MORNING— SATURDAY 8TH JUNE 2019 AT TRINITY CHURCH STAFFORD 9:30 AM—12:30PM

We will be holding our annual coffee morning at the usual venue in June 2019 as we have experienced continuous success over the years both raising awareness and fundraising. Coffee and cake always brings people together!

SOCIAL EVENING— MONDAY 10TH JUNE 2019 7PM AT THE CHERRY TREE PUB NEWCASTLE UNDER LYME

We will be holding a social evening this year. This is a very informal event whereby you can pop by and ask us anything about what we do, or any ideas you have to help engage the local community. Be assured the Cherry Tree is a family/child friendly pub and we would love to see you there :)

Patient Panels

The IBD team are currently looking for members for their IBD Patient Panels at the following Hospital...

The Royal Wolverhampton Hospital Trust (includes New Cross and Cannock Chase Hospital)

Patient Panels can:

- ⇒ Help trusts to meet their legal obligations for patient engagement and involvement;
- ⇒ Act as a forum through which patients can advise from a patient's perspective and help to ensure that services are well designed to improve the patient experience;
- ⇒ Help to improve communication and engagement with patients, encouraging them to more responsibility for their health and to provide practical support;
- ⇒ Contribute to commissioning decisions and advising on proposals for redesigning of secondary care services;

Cannock Chase Hospital Patients

please email
keith@theboughtons.co.uk
Panel will meet at New Cross Hospital Wolverhampton.



New Cross Hospital Inflammatory Bowel Disease and Endoscopy Open Day

Saturday 18th May 10am—1pm a The Beynon Centre. Free parking in Car Park P4.

Take a 'Walk' through Colin the Colon (weather permitting), meet staff from the Endoscopy department along with Gastro Consultants and Nurse Specialists and the Crohns & Colitis UK Local Network. Refreshments available.

CONTACT US

North Midlands Network

Helpline: 0300 222 5700*

Website: www.crohnsandcolitis.org.uk/nm

Email: nm@networks.crohnsandcolitis.org.uk

Crohn's & Colitis UK

1 Bishops Square, Hatfield Business Park, AL10 9NE

enquiries@crohnsandcolitis.org.uk

www.crohnsandcolitis.org.uk

Charity registered in England Number 1117148

Charity registered in Scotland Number SC038632

A company limited by guarantee in England: company number 5973370

HELPLINE

Our helpline is a confidential service providing information and support to anyone affected by Crohn's Disease, Ulcerative Colitis and other forms of Inflammatory Bowel Disease (IBD).

Our team can:

- help you understand more about IBD, diagnosis and treatment options
- provide information to help you to live well with your condition
- help you understand and access disability benefits
- be there to listen if you need someone to talk to
- put you in touch with a trained support volunteer who has a personal experience of IBD

Contact us by:

Telephone: 0300 222 5700*

Mon, Tue, Wed and Fri - 9 am to 5 pm

Thu - 9 am to 1 pm

Email: info@crohnsandcolitis.org.uk

Web Chat (Live Online): see our [website](http://www.crohnsandcolitis.org.uk) for details

**Calls to this number are charged at a standard landline rate or may be free if you have an inclusive minutes' package. Calls may be recorded for monitoring and evaluation purposes.*

If you have received this newsletter by post and would be happy to receive future editions by email please provide your name, membership number and email address to networks@crohnsandcolitis.org.uk. This will save the network valuable funds which can be used to benefit all those affected by Inflammatory Bowel Disease.