HALF A MILLION PEOPLE IN THE UK HAVE CROHN'S OR COLITIS.



Crohn's Disease and Ulcerative Colitis are Inflammatory Bowel Diseases (IBDs). They can cause painful sores (ulcers) and inflammation (swelling) in your gut.

Crohn's and Colitis are lifelong conditions, which means you will always have the condition. But that doesn't mean you will always feel unwell. Treatment like medicines and surgery can help you feel a lot better.

Crohn's and Colitis can cause:

- cramping pains
- swollen joints
- mouth ulcers
- extreme tiredness
- lack of iron (anaemia)
- losing weight and not wanting to eat
- inflamed eyes
- frequent and urgent diarrhoea, sometimes with blood and thick liquid (mucus)

FEEL FAMILIAR?

If these symptoms are affecting your day-to-day life, our our symptom checker can help you decide in less than 30 seconds whether you should speak to your GP.

crohnsandcolitis.org.uk

CROHN'S & COLITIS UK

A registered charity in England & Wales (1117148) and Scotland (SC038632). Information updated February 2024.