

# SUPPORT FOR YOU





**LEARN MORE**



[crohnsandcolitis.org.uk/information](https://crohnsandcolitis.org.uk/information)





[crohnsandcolitis.org.uk/webinars](https://crohnsandcolitis.org.uk/webinars)





**FIND COMMUNITY**

**VIRTUAL SOCIAL  
EVENT**

**“ I loved hearing from others  
about their experiences ”**

**“ Empowering ”**

**[crohnsandcolitis.org.uk/VSE](https://crohnsandcolitis.org.uk/VSE)**

**“IT TAKES GUTS”**

**VIRTUAL SOCIAL EVENT**



**Sunday 21 June, 10.30am–12pm**



89,000 members

[facebook.com/groups/CCUKforum](https://facebook.com/groups/CCUKforum)





**GET SUPPORT**



“Empathetic, knowledgeable and helpful”

[crohnsandcolitis.org.uk/helpline](https://crohnsandcolitis.org.uk/helpline)

☎ 0300 222 5700

✉ [helpline@crohnsandcolitis.org.uk](mailto:helpline@crohnsandcolitis.org.uk)

💬 LiveChat





**SHARE YOUR STORY**



66 99

Crohn's and Colitis UK became a safe space for me. Working with the charity has given me purpose, dignity, strength, and the ability to live for myself while helping others feel seen, supported, and less alone. I have gained so much by sharing my story and hopefully helping others in return.

— Priscilla Kumi-Acheaw

[crohnsandcolitis.org.uk/shareyourstory](https://crohnsandcolitis.org.uk/shareyourstory)





**BECOME A  
MEMBER**



[crohnsandcolitis.org.uk/membership](https://crohnsandcolitis.org.uk/membership)

- Can't Wait Card
- RADAR key
- Connect Magazine





[crohnsandcolitis.org.uk/donate](https://crohnsandcolitis.org.uk/donate)

**Support our work**



